



Ventura County Chapter of the California Special Districts Association

First Tuesday, every other month:
Feb 7, April 4, June 6, Aug 1, Oct 3, Dec 5
Camarillo Health Care District
3615 E Las Posas Road Bldg F, Sequoia Rooms 1 & 2, Camarillo
(unless otherwise noted)

August/September 2023

public service since 1974



From the Chair: KARA
RALSTON

**How can it be August
already?!**

There is much documented about how time seems to speed up as we age...we're in a life rut, don't have as many new experiences, speed through our days multitasking, etc. Experts offer some ways to try to get a grip on that feeling:

- Be mindful in the present moment
- Change up daily routine; drive different route to work; eat something different for breakfast
- Seek novelty and new experiences
- Challenge yourself and engage your brain

As we race through this summer, challenge each other to try new things and be present while doing so! DO SOMETHING NEW!

Cool Stuff During the Hot Summer

Does your district have a client or interaction that totally just perfectly tells your whole story and mission? A picture of district services that says a thousand words? An exciting, new program? Send me your thoughts and photos at kralston@camhealth.com for sharing in our VCSDA newsletter.

CSDA Conference...Monterey!

I'm really looking forward to the CSDA Conference Aug 28-31! The speakers and topics seem outstanding. I particularly like the link between leadership and speaking to the heart and telling our stories to bring our districts to life. If you're not yet registered for the conference, HURRY UP! I look forward to seeing you there! :)

Always, *Kara*



VENTURA
LOCAL AGENCY
FORMATION COMMISSION

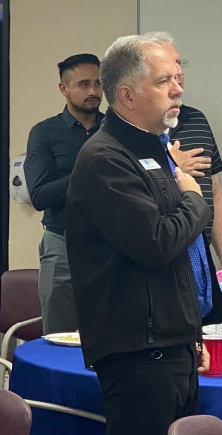
Kai joined the Ventura County LAFCo in 2007 and has served as Executive Officer since 2014. Before joining LAFCo, Kai was a senior planner for the City of Santa Clarita, where one of his responsibilities was overseeing the city's frequent annexation proposals. He has also been a planner with the City of Roseville, Nevada County, and San Joaquin County. Kai holds a bachelor's degree in geography and a master's degree in public administration.

GUEST SPEAKER
August 1, 2023

Kai Luoma
Executive Director
Ventura County
LAFCo

The Ventura Local Agency Formation Commission (LAFCo) was formed and operates under the provisions of state law, specifically what is now known as the Cortese-Knox-Hertzberg Local Government Reorganization Act of 2000. (California Government Code Section 56000 et seq.). State law provides for LAFCos to be formed as independent agencies in each county in California. LAFCos implement state law requirements and state and local policies relating to boundary changes for cities and most special districts, including spheres of influence, incorporations, annexations, reorganizations and other changes of organization. In this capacity the Ventura LAFCo is the boundary agency for cities and most special districts in Ventura County.

Meeting Photos from June 6, 2023 VCSDA Meeting



VCSDA Board Members



President
Kara Ralston
Camarillo Health
Care District



Vice President
Jacque McMillan
Calleguas Municipal
Water District



Treasurer
Brian Pendleton
Ventura Harbor
District



Secretary
Brandie Thomas
Camarillo Health
Care District